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Characterization of the host inflammatory response following implantation of prolapse mesh in rhesus macaque

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CONDENSATION

The inflammatory response to mesh consists primarily of macrophages polarized towards a pro-inflammatory M1 phenotype which is dependent upon mesh textile properties and mesh burden.

SHORT VERSION OF TITLE

Inflammatory Response to Prolapse Mesh.

ABSTRACT

Objective: To determine the predominant cell type (macrophage, T-lymphocyte, B-lymphocyte, mast cell) within the area of implantation of the prototypical polypropylene mesh, Gynemesh PS (Ethicon); and to determine the phenotypic profile (M1 pro-inflammatory, M2 anti-inflammatory) of the macrophage response to three different polypropylene meshes: Gynemesh PS (Ethicon), and two lower weight, higher porosity meshes, UltraPro (Ethicon) and Restorelle (Coloplast).

Study Design: Sacrocolpopexy was performed following hysterectomy in rhesus macaques. Sham-operated animals served as controls. At 12 weeks post-surgery, the vagina-mesh complex was excised and the host inflammatory response was evaluated. Hematoxylin and eosin was used to perform routine histomorphologic evaluation. Identification of leukocyte (CD45+) subsets was performed by immunolabeling for CD68 (macrophage), CD3 (T-lymphocyte), CD20 (B-lymphocyte), and CD117 (mast cell). M1 and M2 macrophage subsets were identified using immunolabeling (CD86+ and CD206+, respectively), and further evaluation was performed using ELISA for two M1 (TNF- α and IL-12) and two M2 (IL-4 and IL-10) cytokines.

Results: Histomorphologic evaluation showed a dense cellular response surrounding each mesh fiber. CD45+ leukocytes accounted for $21.4 \pm 5.4\%$ of total cells within the peri-mesh area captured in a 20X field, with macrophages as the predominant leukocyte subset ($10.5 \pm 3.9\%$ of total cells) followed by T-lymphocytes ($7.3 \pm 1.7\%$), B-lymphocytes ($3.0 \pm 1.2\%$), and mast cells ($0.2 \pm 0.2\%$). The response was observed to be more diffuse with increasing distance from the fiber surface. Few leukocytes of any type were observed in sham-operated animals. Immunolabeling revealed polarization of the macrophage response towards the M1 phenotype in

all mesh groups. However, the ratio of M2:M1 macrophages was increased in the fiber area in UltraPro ($P=0.033$) and Restorelle ($P=0.016$) compared to Gynemesh PS. In addition, a shift towards increased expression of the anti-inflammatory cytokine IL-10 was observed in Restorelle as compared to Gynemesh PS ($P=0.011$).

Conclusions: The host response to mesh consists predominantly of activated, pro-inflammatory, M1 macrophages at 12 weeks post-surgery. However, this response is attenuated with implantation of lighter weight, higher porosity mesh. While additional work is required to establish causal relationships, these results suggest a link between the host inflammatory response, mesh textile properties, and clinical outcomes in the repair of pelvic organ prolapse.

Keywords: cytokines, inflammatory response, macrophage phenotype, polypropylene mesh, rhesus macaque

INTRODUCTION

More than 250,000 women per year in the United States will undergo surgery for the treatment of pelvic organ prolapse, with direct costs totaling more than \$1 billion.¹⁻³ Native tissue repair has a recurrence rate of 40% at 2 years;^{4,5} therefore, mechanical reinforcement of tissues using synthetic mesh has increased over the last decade.⁶ While mesh implantation has been shown improve anatomical outcomes in the anterior and apical compartments, complications are observed, particularly with transvaginal placement,⁷⁻¹¹ including mesh exposure through the vaginal wall, shrinkage, erosion, and pain.

Recent work suggests that mesh exposures may be induced by stress shielding. That is, a mismatch in stiffness between the mesh and tissue lead to degeneration of the underlying vagina and a loss of mechanical integrity over time. This maladaptive remodeling response precipitates atrophy of the smooth muscle layer associated with a decrease in contractility as well as a shift in tissue extracellular matrix composition and a loss of biomechanical integrity.¹²⁻¹⁴ Differences in mesh properties (weight, pore size, porosity, stiffness) were shown to be related to the degree to which this degenerative process occurs, with higher weight, lower porosity, and increased stiffness mesh being associated with increased vaginal tissue degradation. Mesh with higher weight, lower porosity, and increased stiffness has also been suggested to result in increased rates of complications in clinical practice.^{15,16}

Mesh complications may also be attributable to the inflammatory processes associated with the macrophage predominated foreign body reaction mounted by the host following implantation. Without question, the long-term presence of activated pro-inflammatory cells can have a negative impact upon the ability of a material to function as intended. However, a number of recent studies have demonstrated that the macrophage response is also an essential component

of the process leading to tissue incorporation, and functional remodeling of implanted materials suggesting the potential for phenotypic dichotomy in the host response.^{17,18} Indeed, macrophages have been classified as having diverse and plastic phenotypes along a continuum between M1 (classically activated; pro-inflammatory) and M2 (alternatively activated; regulatory, homeostatic) extremes.¹⁹⁻²¹ An increasing number of studies in the field of biomaterials have begun to apply these paradigms and concepts, showing that macrophage polarization is a predictor of integration following implantation in multiple applications.^{18,22-25} However, the macrophage response following implantation of surgical mesh with varying characteristics has not been described. Moreover, limited studies to date have addressed the impact of mesh implantation on the vagina – an organ with an immunologically distinct environment from that of other tissues in which the host response to mesh has been examined.

The objectives of the present study were two-fold: (1) to determine the predominant cell type (macrophage, T-lymphocyte, B-lymphocyte, mast cell) within the area of implantation of the prototypical polypropylene mesh, Gynemesh PS (Ethicon); and (2) to determine the phenotypic profile (M1 pro-inflammatory, M2 anti-inflammatory) of the macrophage response to three different polypropylene meshes: Gynemesh PS (Ethicon), and two lower weight, higher porosity meshes, UltraPro (Ethicon) and Restorelle (Coloplast).

MATERIALS AND METHODS

Meshes

The test articles consisted of three polypropylene meshes with varying textile and mechanical characteristics as previously described.^{12,26} Briefly, specific weight and pore size were provided by the manufacturer. Porosity was determined using a custom designed Matlab

algorithm (Matlab Version 8.0, Natick, MA, USA) and stiffness was determined by ball burst testing. Table 1 shows the relevant mechanical and structural characteristics associated with each mesh. Of note, UltraPro is manufactured with an absorbable component (poliglecaprolactone 25) in addition to polypropylene allowing it to have very large pores (4mm) when this component is fully absorbed.

Animals

The samples for the present study were obtained from a larger study.^{12,13} A subset of animals from that study was selected based upon the availability of sufficient tissue samples for completion of the assays described in the present study. All animals in this study were maintained and treated according to an approved Institutional Animal Care and Use Committee (IACUC) protocol and in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals. Demographic data of each animal were collected prior to surgery, including age, weight, gravidity and parity (Table 2). Thirty-two middle-aged parous rhesus macaques underwent implantation with Gynemesh PS (n = 8), UltraPro (n = 8), Restorelle (n=8) or Sham (n=8). Mesh was implanted by sacrocolpopexy after an abdominal hysterectomy as previously described.^{12,13} Sacrocolpopexy was chosen as observational data suggests that complications related to this procedure are less than those following transvaginal implantation.

^{11,27}

Sample Harvest

At 12 weeks post-surgery, vagina-mesh tissue complexes were harvested as previously described.^{12,13} The equivalent tissues were excised in sham-operated animals. A portion of the

vagina-mesh complex was embedded in OCT prior to flash freezing on liquid nitrogen for histologic staining and immunofluorescent labeling. Another portion was harvested and frozen for ELISA assay. All samples were stored at -80°C until testing.

Histologic Staining and Immunofluorescent Labeling

Tissue sections (7µm) were cut and stored at -80°C until use. Slides were thawed at room temperature, and stained with hematoxylin and eosin. Slides were dehydrated through a series of graded ethanol (70%-100%) and xylenes prior to coverslipping. The histologic appearance of the tissue sections was then evaluated and imaged using a Nikon E600 microscope (Nikon, Melville, New York).

For immunolabeling, sections were fixed in 50:50 methanol/acetone for 10 min. Antigen retrieval was performed in 10mM citric acid monohydrate buffer (pH 6.0) at 95°C for 20 min. After cooling, the sections were incubated in copper sulfate with ammonium acetate for 20 min at 37°C to reduce autofluorescence. The sections were blocked with 1% normal donkey serum, 2% bovine serum albumin, 0.1% Triton-X100 and 0.1% Tween 20 at room temperature for 1 hour. Consecutive sections were then labeled with antibodies specific for leukocytes (CD45), macrophages (CD68), T lymphocytes (CD3), B lymphocytes (CD20), and mast cells (CD117). Primary antibodies, diluted in blocking solution, were applied overnight at 4°C, followed by the corresponding secondary antibodies (product information and dilutions for each primary and secondary antibody are listed in Supplemental Table 1) and then coverslipped using aqueous mounting media containing DAPI (Vectashield with DAPI, Vector Laboratories, Burlingame, CA). Localization of staining to the appropriate regions of lung, liver, kidney, spleen, lymph node and intestine were used to verify appropriate labeling and incubation of slides without

primary antibodies was used as a control. Three representative areas of the mesh-tissue interface were imaged for each individual marker using a 20X objective on a Nikon Eclipse 90i Imaging Microscope. Quantification of cell types was performed using ImageJ (National Institutes of Health, Bethesda, MD). Cell counts were averaged for each sample and expressed as a percentage of total cells within a 20X field.

Additional sections were triple-labeled with antibodies specific for a pan-macrophage marker (CD68), an M1 marker (CD86), and an M2 marker (CD206) as above. Slides were imaged using a 20X objective at the interface with either single fibers (3 images) or mesh knots (3 images) using a standardized protocol.²⁸ CD68+CD86+ cells were considered to have an M1 phenotype and CD68+CD206+ cells an M2 phenotype. Cell counts were averaged for each sample and expressed as a percentage of total cells within a 20X field. Additionally, the ratio of M2:M1 cells was calculated. Because of the scarcity of macrophages in the Sham, the ratio of M2:M1 was not reported. The perimeter of the mesh-tissue interface present in each image was calculated by tracing using ImageJ.

ELISA Assay

Frozen tissues were mechanically pulverized and homogenized in a high salt buffer (50 mM Tris Base, 150 mM sodium chloride, and 10 μ g/mL Halt™ Protease Inhibitor Cocktail, Pierce Biotechnology, Rockford, IL). After centrifugation, supernatants were collected. Using the Bio-Rad DC Protein Assay (Bio-Rad, Hercules, CA), protein concentrations of all extracts were determined so that all sample volumes contained 40 μ g of protein. Amounts of pro-inflammatory M1 (TNF- α , and IL-12p70) and anti-inflammatory M2 (IL-10, IL-4) cytokines were assessed using commercially available ELISA assays (Life Technologies, Carlsbad, CA).

Both the concentrations of individual cytokines and the ratio of M2/M1 cytokines ((IL-10+IL-4)/(TNF- α + IL-12)) were calculated.

Statistical Analysis:

Statistical comparisons were made using SPSS 18.0 (SPSS Inc., Chicago, IL, USA). Primate demographic and immunolabeling data were assessed using one-way ANOVA with a Tukey post hoc procedure. As cytokine data were nonparametric, a Kruskal–Wallis test with a Bonferroni adjusted alpha after pairwise comparisons was performed for each group. A Spearman's correlation was used to examine the relationship between the number of M1 and M2 cells and mesh perimeter in each image. A P value of less than 0.05 was used to determine significance.

RESULTS

Animals had similar age, parity, and POP-Q stage (Table 2). The POP-Q staging methods utilized were the same as that utilized in humans adjusted to account for the shorter length of the macaque vagina.²⁹ Animals in the Restorelle group weighed more than the other groups ($P=0.042$); however, weight did not correlate with any of the measured outcomes ($P>0.36$ for all). One animal in the study demonstrated a mesh exposure into the vagina. There were no erosions into adjacent structures..

Histologic Analysis

All samples had an intact and qualitatively normal vaginal epithelium as well as a clearly delineated sub-epithelium, muscular layer, and adventitia (Figure 1). The subepithelial tissues

were histologically similar across all groups, with few differences observed between Sham and mesh implanted animals. The largest differences between samples occurred in the smooth muscle layer as previously described, in which the Gynemesh PS induced the most negative impact.¹³ All mesh-implanted animals elicited an inflammatory reaction to individual mesh fibers and around knots consisting of a dense infiltrate of mononuclear cells and formation of a fibrous capsule. The response was highly localized with fewer cells observed with increasing distance from the mesh. Multinucleated giant cells were observed at the surface of some, but not all, fibers and knots, regardless of mesh type. The cells at the mesh-tissue interface were predominantly mononuclear in appearance and few, if any, polymorphonuclear cells (neutrophils) were observed. The adventitial layer in sham-operated animals was qualitatively normal, consisting of well-organized loose connective tissue.

Characterization of the Immune Response to Polypropylene Mesh

CD45⁺ cells (pan-leukocyte) were observed predominantly at the mesh-tissue interface and in the peri-mesh space in the adventitia with few, if any of these cells within the subepithelium or muscularis of Gynemesh PS-implanted animals indicating a highly localized inflammatory response. CD68⁺ cells (macrophage) were the immune cell type found in the greatest density immediately surrounding each mesh fiber, while other cells types were fewer in number and found to be located more distantly from the mesh surface (Figure 2). CD45⁺ cells accounted for 21.4±5.4% of total cells within 20X fields at the mesh-tissue interface. CD68⁺ cells (macrophages, 10.5±3.9%) were found to be the predominant leukocyte subtype, followed by CD3⁺ (T-lymphocyte, 7.3±1.7%), CD20⁺ (B lymphocyte, 3.0±1.2%), and CD117⁺ (mast, 0.2±0.2%) cells. Although the percentage of macrophages was 44% greater than that of T cells,

no significant statistical differences were observed between these two. Both the percentage of macrophages and T lymphocytes were significantly higher than the percentage of B lymphocytes or mast cells (all $P < 0.001$) (Table 3). No differences in the total number of DAPI+ cells were observed between image sets for each antibody. Few positively labeled cells of any type were observed within the Sham (< 5 per 20x field) and, therefore, quantitative analysis of immunolabeled slides was not performed for this group.

Analysis of Macrophage Phenotype

In all implanted animals, the macrophage response to mesh was observed to be predominantly of the M1 phenotype with fewer cells of either phenotype observed with increasing distance from the mesh surface (Figure 3). In areas with individual fibers, the percentage of M1 cells per 20X field was increased in mesh-implanted groups (Gynemesh PS $6.7 \pm 2.8\%$, $P = 0.003$; UltraPro $7.3 \pm 2.6\%$, $P = 0.002$; Restorelle $7.0 \pm 3.7\%$, $P = 0.008$) relative to Sham (0.8 ± 0.7). The percentage of M2 cells was also increased in mesh-implanted groups (Gynemesh PS $3.5 \pm 2.2\%$, $P = 0.046$; UltraPro $4.6 \pm 1.5\%$, $P = 0.001$; Restorelle $4.6 \pm 2.1\%$, $P = 0.001$) relative to Sham ($0.07 \pm 0.03\%$). The percentage of M2 cells around individual fibers was similar in lighter weight, higher porosity meshes (UltraPro, $P = 0.24$; Restorelle, $P = 0.32$) as compared to Gynemesh PS. However, the M2/M1 ratio around individual fibers was higher for UltraPro ($P = 0.033$) and Restorelle ($P = 0.016$) as compared to Gynemesh PS. (Table 4). However, the M2/M1 ratio around individual fibers was higher for UltraPro ($P = 0.033$) and Restorelle ($P = 0.016$) as compared to Gynemesh PS. (Table 4)

M1 macrophages around mesh knots were increased in the presence of mesh (Gynemesh PS $8.3 \pm 4.7\%$, UltraPro $9.2 \pm 2.8\%$, Restorelle $8.4 \pm 2.6\%$) relative to Sham (0.09 ± 0.09) ($P < 0.001$).

M2 macrophages also increased with mesh implantation (Gynemesh PS $4.4 \pm 2.3\%$, UltraPro $5.3 \pm 1.0\%$, Restorelle $4.94 \pm 1.8\%$) as compared to Sham (0.09 ± 0.07) ($P < 0.001$). However, in contrast to single fibers, no significant differences in the percentage of M1 and M2 cells or the M2/M1 ratio was observed in areas of mesh knots (Table 5).

The total number of cells within a 20X field was similar in images containing fibers and knots, despite the increased area occupied by knots as compared to fibers. This suggests a more dense inflammatory response around knots as compared to fibers. Though elevated in images with knots, no statistically significant differences in the percentage of M1 and M2 cells was found between images containing fibers and knots for any mesh ($P = 0.41$, 0.18 and 0.51 for Gynemesh PS, UltraPro and Restorelle, respectively). A Spearman's rho test was used to determine whether there was a correlation between mesh perimeter and percentage of M1 and M2 cells in a given image. Results varied by mesh (Table 6), however, examination of correlations across all mesh types demonstrated a significant correlation between mesh perimeter and the percentage of M1 ($r = .30$, $P < 0.001$) and M2 cells ($r = 0.23$, $P = 0.006$) within a given image.

No statistically significant differences were observed between groups for individual cytokines (all $P > 0.05$) except IL-10 (overall $P = 0.011$) which was 23% higher in the Restorelle as compared to Gynemesh PS ($P = 0.011$). The ratio of M2/M1 cytokines was also increased in Restorelle implanted vagina as compared to Gynemesh PS ($P = 0.003$, Table 7).

COMMENT

The present study sought to define the host inflammatory response to three polypropylene meshes with distinct textile properties following implantation via sacrocolpopexy in the rhesus macaque. The most significant findings were that, while all mesh materials elicited a

predominantly M1 macrophage profile, lower weight, higher porosity meshes (UltraPro and Restorelle) elicited a shift in the M2/M1 macrophage ratio in the area around individual mesh fibers. The concentration of anti-inflammatory cytokine IL-10 was higher in the Restorelle group as compared to Gynemesh PS, with levels approaching that of the Sham operated group, reflecting differences in the overall local microenvironment associated with the implantation of different mesh types.

This shift in the M2/M1 ratio in the area of individual fibers following the implantation of lighter weight, higher porosity meshes, but not following the implantation of a heavier weight, lower porosity mesh is in line with previous observations of abdominal hernia meshes suggesting that “mesh burden”, defined as the amount of mesh in contact with tissue, may be critical factor in the immune response to polypropylene mesh.³⁰⁻³³ These studies show that polypropylene meshes invariably elicit a foreign body reaction, with the amount of chronic inflammation and scarring proportional to pore size, with an increase in the inflammatory response and scarring over time in meshes with decreased pore size.³² This phenomenon of increased inflammatory scarring with decreased pore size, termed “bridging fibrosis,” suggests that increased fiber density (i.e., “mesh burden”) corresponds to increased inflammatory and fibrotic reactions due to overlap of the host response to multiple individual fibers in close proximity. In the present study, mesh perimeter was found to be positively correlated with the percentage of both M1 and M2 cells present within a given image, suggesting a link between mesh burden and the host inflammatory response exists for meshes implanted in the vagina.

The results of the present study also suggest that macrophage phenotype may influence tissue integration and/or degradation following mesh implantation. Indeed, corresponding to previous findings that the lighter, wider pore, higher porosity meshes induced fewer negative